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**PROMOTED BY: MANX HARRIERS**  
(under U.K. Athletics Laws)

# THE 43rd ISLE OF MAN EASTER ATHLETIC FESTIVAL 2005



[www.easterfestival.info](http://www.easterfestival.info)



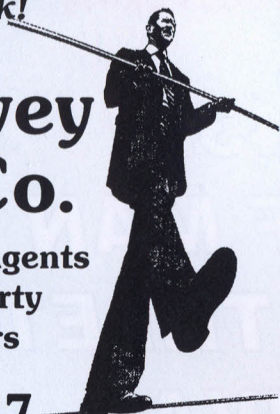
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## Message of Welcome

Welcome to friends old and new for this year's Easter Festival. I would like to say "thank you" for your support.

There are some new faces on the organising team this year and we have made a number of changes to the event. The main change from recent years is that the Good Friday race is now a 10k from the National Sports Centre. Note too the earlier time of 4.45pm. The various Changes have been made both on the grounds of safety and to make the Festival a better event. We hope you like them.

Thanks are, as ever, due to the Isle of Man Department of Tourism Special Events Team for their continued sponsorship & support. Without them, the Festival would not exist in its present form. Thanks too, to all those who give up their free time to assist the running of the Festival.

The Festival is organised for you - the athletes. Please give us your feedback on how you would like the event to move forward in the future. Look out for the special questionnaires.

I wish you all a successful and enjoyable time.

Finally, don't forget to look at our website at [www.easterfestival.info](http://www.easterfestival.info) for results and photos from this years Festival.

**COLIN HALSALL  
RACE DIRECTOR**



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## Rules of Competition

1. To be eligible for a team award a team must be made up of four 1st claim members of an affiliated club or belong to the same University past or present.
2. Points are awarded for each team member in the race (i.e. 1st= 1; 2nd=2) the winning team is the team with the lowest score. In the event of a tie the result will be decided on the position of the 4th member of the team.
3. The overall team prize will be awarded to the team with the lowest score of points based on the team's positions. In the event of a tie the fastest team in Sunday's relay will win.
4. Individuals get the points equivalent to their finishing position in the race i.e. every male entrant in the race can win the senior mens prize. In calculating the Overall Mens Prize all the entrants are kept in the scoring order irrespective of whether they are a Senior Man, Veteran or Under 17 i.e. if a youth or Veteran finishes higher up in the race then the Senior Men who finish below them will have a higher score. Thus the lowest score no matter which category he falls in wins the overall prize.
5. Veterans and Under 17's will have separate scoring relative to each other in their races for their respective overall prizes. i.e. first Over 40 gets 1 point and second two etc.
6. No competitor can win more than one individual prize on any one day.
7. Teams for Friday, Saturday to be declared before 4.30p.m. on Friday (4 to run, 3 to score).
8. Teams and Running Order for Sunday to be declared on the Sunday before 10.45 a.m. Relay Numbers to be collected also on Sunday. Correct Number per leg must be worn (1 = A; 2 = B; 3 = C; 4 = D).
9. Teams must remain the same throughout the Festival.
10. Beer Drinking Teams to be declared by Sunday - 8.00p.m.

## Important Information

**PLEASE NOTE:** In all races, numbers are to be secured firmly so as to be **CLEARLY** visible at the end of each race. Numbers must be worn on **FRONT** of vest.

**NUMBERS** issued on the First Day to be used throughout Friday and Saturday (Except Relay Race - different numbers).

**PLEASE NOTE:** All athletes are requested to be at the starting line 20 minutes before their race starts. All times subject to alteration by Festival Director.



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## Race Information

### EASTER SATURDAY

Free Buses for this event leave the War Memorial, Douglas Promenade  
at 1.00p.m.

#### Event "A" Men 2.15p.m.

Start: House of Manannan, Peel

Course: Along Quayside bear left at Creek Inn along Mill Road to bridge. Across bridge and continue right 80 yards then left up path at side of road, then left up hill to steep section, continue along flagged path to Marshal at fork, then up to the tower known as Corrin's Folly, at summit bear right past tower and down, flagged route to Farmer's Field, through field (flagged) to left hand corner then climb back up to tower and head downhill following flags but keeping to the right on the descent. At the fork in the path bear left taking a slightly different path to the foot of the hill and return along the Quayside, to bridge, bear right and finish opposite Odin's Raven, in front of the Creek Inn.

**WINNER 2004 Andy Norman 20 mins 34 secs**

#### Event "B" Ladies 3.05p.m. approx.

Start: House of Manannan, Peel

Course: Along Quayside, bear left at Creek Inn along Mill Road to bridge. Across bridge and continue right 80 yards then left up path at side of road, then left up hill to steep section, continue along flagged path to Marshal at fork, then up to the tower, known as Corrin's Folly, at summit of hill. Touch tower wall (Marshallled) and head down hill following flags but keeping to the right on the descent. At fork in the path bear right taking a slightly different path to foot of hill and return along Quayside to bridge, bear right and finish opposite Odin's Raven, in front of the Creek Inn.

**WINNER 2004 Jayne Knowles 17mins 20 secs**

Buses for Douglas depart at 4.30p.m.

## Easter Sunday

Composite Men's Teams are permitted on the day but are not eligible to win a relay team prize.  
Individual leg times will count for overall Festival Points.

Event "A" Ladies 5kms Road Race – start time 10.45a.m.

**WINNER 2004 – Jayne Knowles 17mins 14 secs**

Event "B" Mens 4 x 5kms Road Relay – start time 11.15a.m.

– Teams to be declared by 10.45a.m.

**WINNERS 2004 – Manchester University (D) 1hr 03 mins 11 secs**

**Carl Tipton, Andy Lister, Duncan Mason, Richard Ward**

**FASTEST INDIVIDUAL LEG – Andy Norman 14 mins 58 secs**

**START: N.S.C. TRACK** – Course: Start on running track at National Sports Centre, leave by Marathon Gate and proceed round the perimeter road to exit, turn left onto main Castletown Road, follow road to left turn along road to T junction turn left to traffic lights turn left along road to Quaterbridge Hotel, proceed round corner back into Castletown Road using pavement. Do not enter NSC, but proceed on second lap of road course. On return enter National Sports Centre and turn left around perimeter road re-entering track at Marathon Gate.



## Prizes 2005

### Friday Road Race:

First 12 Men

First 6 Ladies

First Veteran over 40 and First Lady Vet

'Winners Bonus for Men;

sub 30 min £100: sub 29 min 30s £150: sub 29 min £200

'Winners Bonus for Women: sub 34 min £100: sub 33 min 30s £150:

sub 33 min £200

**Team Awards:** Men-First, Second, Third. Ladies-First & Second.  
Veteran-First.

### Saturday Peel Hill Race

First 12 Men

First 6 ladies

First Veteran over 40 and First Lady Vet

**Team Awards:** Men-First, Second, Third. Ladies-First & Second. Veteran-First.

### Sunday Road Races:

Men's Relay - First, Second, Third

Fastest Leg

Fastest Veteran

First 6 Ladies

First Lady Vet

### Prize Presentation & Beer Drinking Contest

**Easter Sunday 27th March Paramount City Night Club, Queens  
Promenade, Douglas Doors open 19.00.**

**Prize Presentation 19.30 approx. A night to remember**

**Admission Free by ticket only available from race HQ**

**Strictly no Under 18's ID may be required**

## Officials of Meeting

**Festival Director and  
Administrator:**

Colin Halsall

**Course Director:**

Arnie Jacobs

**Chief Timekeeper/  
Recorder:**

Di Shimell

**Timekeepers:  
Irene Butterworth**

Judy Morrey; Bernie Shimell;

**Recorders:**

Members of Island Clubs

**Marshals:**

Members of Island Clubs  
and Friends

**Computerised Results:**

Chris Wilson

**First Aid:**

St. Johns Ambulance

**Appeals Committee:**

Colin Halsall, Di Shimell,  
Steve Higgins, Andy Fox

**Organising Committee:**

Colin Halsall, Chris Quine,  
Paul Jackson & Gianni Epifani.

Webmaster info [www.easterfestival.infopauljackson](http://www.easterfestival.infopauljackson)

**FESTIVAL HEADQUARTERS,  
MANX HARRIERS CLUBHOUSE  
National Sports Centre (outdoor venue)**

**Hours of opening**

**Friday 2pm - 7pm**

**Saturday 4pm - 6pm**

**Sunday from 9am**



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**BEST MENS TEAM** over three days



**BEST LADIES TEAM** over three days



**BEST VETERAN TEAM** over three days



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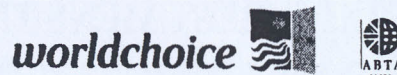
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<b>Dublin</b>	<b>£2</b>
<b>Glasgow</b>	<b>£13</b>
<b>Lon/Gatwick</b>	<b>£42</b>

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