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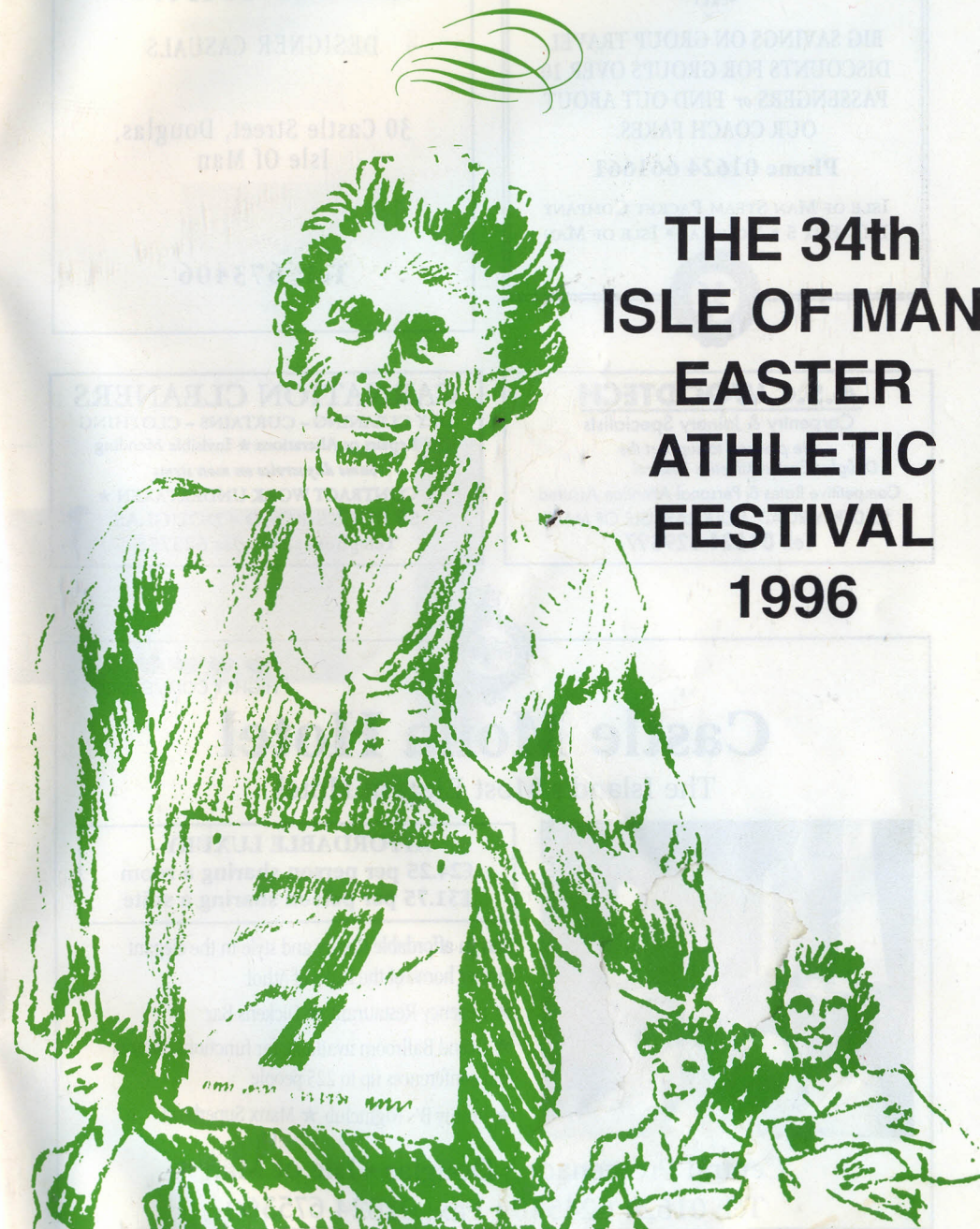


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MESSAGE OF WELCOME

Welcome to this the 34th Isle of Man Easter Athletics
Festival.

The Isle of has a reputation for its hospitality and
friendliness and we like to feel that the Athletics Festival is
run along these lines. Many people return year after year
and have made many friends during their visits and I would
like to think that we the Organisers are listed among them.

This year we have had to find two new courses due to the
considerable "works" taking place on Douglas Promenade,
hopefully this will be only temporary particularly in the
case of Friday Evenings Road Race. We do hope those of you
who are regular attenders at our festival will find these
courses just as "pleasurable" as the old ones!

Once again we are grateful for the continued financial
assistance of the Department of Tourism without whose
support we would be unable to offer the subventions.

If you are new to our Festival and you enjoy yourself please
recommend us to your friends.

Should you feel that we can improve on our organisation in
any way please let us know we are always willing to listen
and learn.

Thank you for your support and I hope you enjoy the
weekend and return next year.

Joan Powell
Festival Administrator

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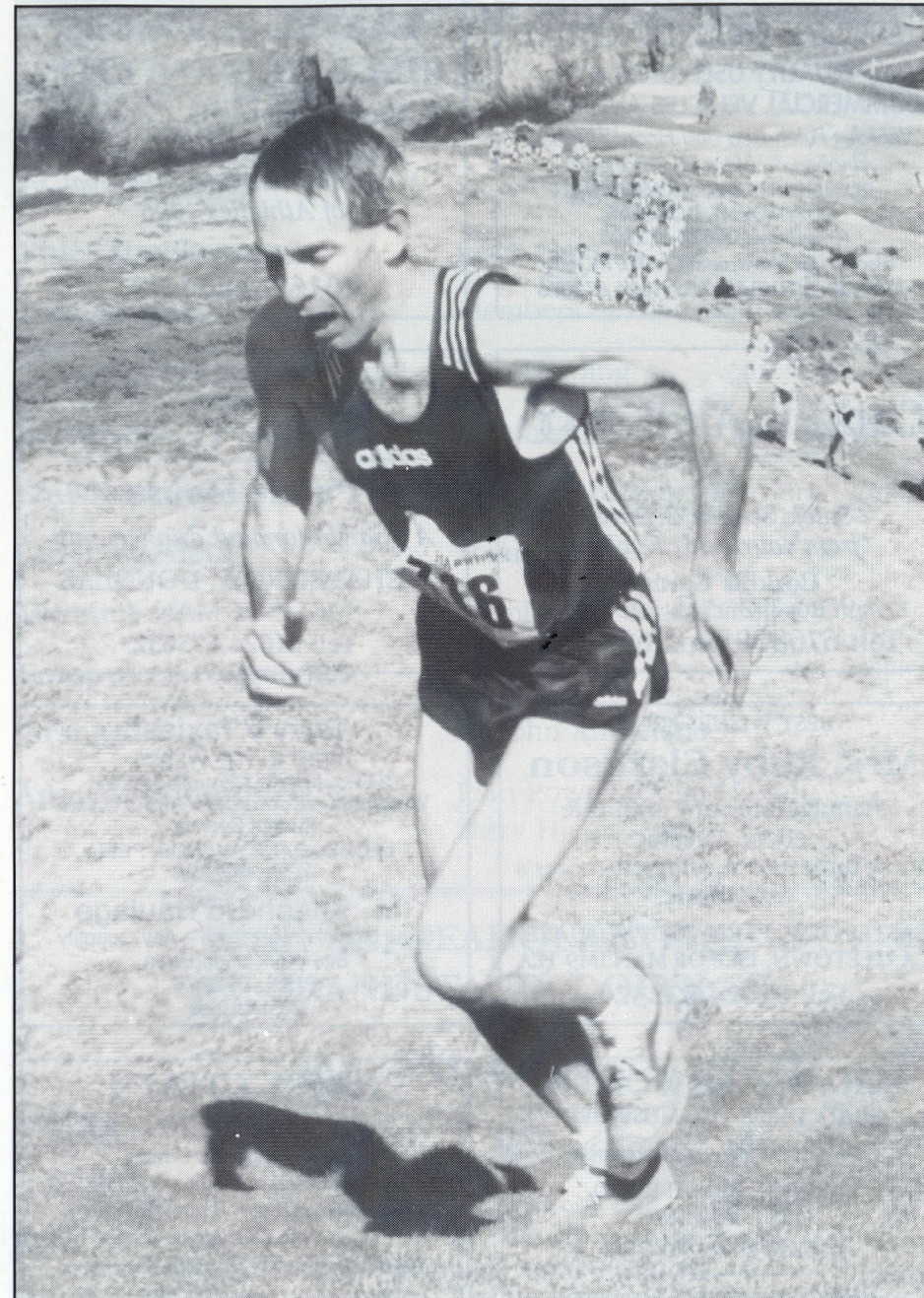
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Keith Anderson - Festival Winner 1995
Photo Courtesy: John Watterson, Isle of Man Newspapers

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OFFICIALS OF MEETING

**Festival Director and
Administrator:**

Joan Powell

Clerk of Works:

Steve Higgins

Chief Timekeeper:

Colin Halsall

Timekeepers:

Members of Island Clubs

Chief Recorder:

Kim Harding

Recorders:

Members of Island Clubs

Finish Stewards:

Members of Manx Harriers

Chief Marshall:

Stuart Lambie

Marshals:

Members of Island Clubs

Computerised Results:

Chris Wilson

First Aid:

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Appeals Committee:

Joan Powell, Colin Halsall

Steve Higgins, Andy Fox

FESTIVAL HEADQUARTERS, T.T. GRANDSTAND, DOUGLAS

- HOURS OF OPENING -

FRIDAY 2p.m. to 7.00p.m.

SATURDAY 4 p.m. to 6.00p.m.

SUNDAY 9.00a.m. to 10.00a.m.

(at Relay Start, National Sports Centre)

RULES OF COMPETITION

1. To be eligible for a team award a team must be made up of four 1st claim members of an affiliated club or belong to the same University past or present.
2. Points are awarded for each team member in the race (i.e. 1st= 1; 2nd=2) the winning team is the team with the lowest score. In the event of a tie the result will be decided on the position of the 4th member of the team.
3. The overall team prize will be awarded to the team with the lowest score of points based on the team's positions. In the event of a tie the fastest team in Sunday's relay will win.
4. Individuals get the points equivalent to their finishing position in the race i.e. every male entrant in the race can win the senior mens prize. In calculating the Overall Mens Prize all the entrants are kept in the scoring order irrespective of whether they are a Senior Man, Veteran or Under 17 i.e. if a youth or Veteran finishes higher up in the race then the Senior Men who finish below them will have a higher score. Thus the lowest score no matter which category he falls in wins the overall prize.
5. Veterans and Under 17's will have separate scoring relative to each other in their races for their respective overall prizes. i.e. first Over 40 gets 1 point and second two etc.
6. No competitor can win more than one individual prize on any one day.
7. Teams for Friday, Saturday to be declared before 6.45p.m. on Friday (4 to run, 3 to score).
8. Teams and Running Order for Sunday to be declared on the Sunday before 10.30 a.m. Relay Numbers to be collected also on Sunday. Correct Number per leg must be worn (1 = A; 2 = B; 3 = C; 4 =D).
9. Teams must remain the same throughout the Festival.
10. Beer Drinking Teams to be declared by Sunday - 5.30p.m.

IMPORTANT INFORMATION

PLEASE NOTE: In all races, numbers are to be secured firmly so as to be **CLEARLY** visible at the end of each race. Numbers must be worn on **FRONT** of vest.

NUMBERS issued on the First Day to be used throughout the Festival (Except Relay Race - different numbers).

PLEASE NOTE: All athletes are requested to be at the starting line 20 minutes before their race starts. All times subject to alteration by Festival Director.

N.B. - Special Coaches leave for Peel on Saturday afternoon at 1pm prompt from Douglas War Memorial on Douglas Promenade and return at approx. 4.30pm. In addition a shuttle bus will leave Douglas War Memorial at 15 minute intervals from 9.15a.m. on Sunday morning, there will be no return bus. (Competitors and supporters are welcome to use this facility).

RACE INFORMATION

GOOD FRIDAY

Event "A"

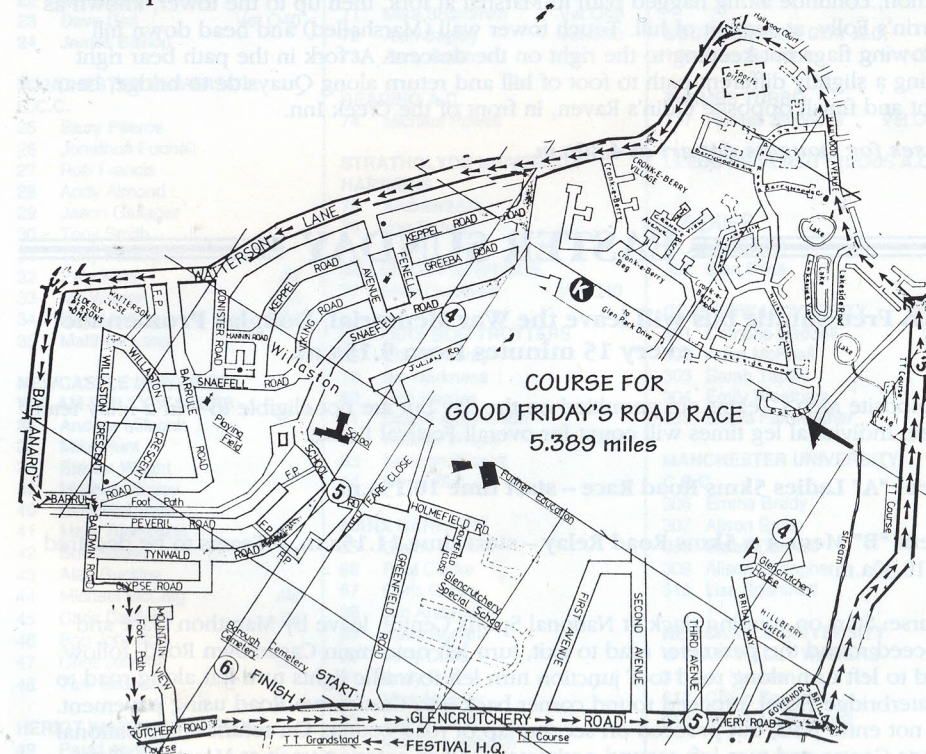
Ladies and Men's Race walk 5.3 miles Start Time - 6.45p.m.

Event "B"

Youths, Ladies and Men's Road Run 5.3 miles Start Time - 7.00p.m.

Course (2 Laps):

From TT Grandstand to Governors Bridge, turn left and proceed to entrance to housing estate (Gateway) on left, turn left and follow main road through estate, at T-junction turn left into Johnny Watterson's Lane and proceed down hill to cross roads, turn left along Ballanard Road take first turning on left into Keppel Road, take first right Baldwin Road run to end of road turn left 50 yards up road turn right into footpath and proceed to end, turn left into Glencrutchery Road and return to the Grandstand and continue for second lap.



RACE INFORMATION

EASTER SATURDAY

Free Buses for this event leave the War Memorial, Douglas Promenade at 1.00p.m.

Event "A" Men 2.15p.m.

Start: Weatherglass Corner, Promenade, Peel.

Course: Along Quayside bear left at Creek Inn along Mill Road to bridge. Across bridge and continue right 80 yards then left up path at side of road, then left up hill to steep section, continue along flagged path to Marshal at fork, then up to the tower known as Corrin's Folly, at summit bear right past tower and down, flagged route to Farmer's Field, through field (flagged) to left hand corner then climb back up to tower and head downhill following flags but keeping to the right on the descent. At the fork in the path bear left taking a slightly different path to the foot of the hill and return along the Quayside, to bridge, bear right and finish opposite Odin's Raven, in front of the Creek Inn.

Event "B" Ladies 3.05p.m. approx.

Start: Weatherglass Corner, Promenade, Peel.

Course: Along Quayside, bear left at Creek Inn along Mill Road to bridge. Across bridge and continue right 80 yards then left up path at side of road, then left up hill to steep section, continue along flagged path to Marshal at fork, then up to the tower, known as Corrin's Folly, at summit of hill. Touch tower wall (Marshallled) and head down hill following flags but keeping to the right on the descent. At fork in the path bear right taking a slightly different path to foot of hill and return along Quayside to bridge, bear right and finish opposite Odin's Raven, in front of the Creek Inn.

Buses for Douglas depart at 4.30p.m.

EASTER SUNDAY

A Free shuttle bus will leave the War Memorial, Douglas Promenade every 15 minutes from 9.15a.m.

Composite Men's Teams are permitted on the day but are not eligible to win a relay team prize. Individual leg times will count for overall Festival Points.

Event "A" Ladies 5kms Road Race – start time 10.15a.m.

Event "B" Mens 4 x 5kms Road Relay – start time 11.15a.m. – Teams to be declared by 10.30a.m.

Course: Start on running track at National Sports Centre, leave by Marathon Gate and proceed round the perimeter road to exit, turn left onto main Castletown Road, follow road to left turn along road to T junction turn left to traffic lights turn left along road to Quaterbridge Hotel, proceed round corner back into Castletown Road using pavement. Do not enter NSC, but proceed on second lap of road course. On return enter National Sports Centre and turn left around perimeter road re-entering track at Marathon Gate.

EASTER ENTRIES 1996

MEN

BLACKHEATH

1 Paddy Brice

GLASGOW UNIVERSITY

2 Gordon Barrie
3 Kenny Corbett
4 David Nisbet
5 Andrew Shepherd
6 Stephen Smith
7 Graeme Walker
8 Des Gilmore Vet O

NORTHERN A.C. (I.O.M.)

9 Bernard Cannan
10 Mark Bridson
11 Alan Postlethwaite Vet O45
12 Richard Radcliffe Vet O40
14 Trevor Coleman Vet O50
15 Phil Cain Vet O40
16 Steve Kelly Vet O40
17 Jonathan Leece U17
18 Luke Bourgaize
19 David Bourgaize
20 Paul Brew
21 Stewart Sayle
22 Ian Watson
23 Dave Gell Vet O40
24 James Bishop

MANCHESTER UNIVERSITY C.C.C.

25 Barry Pearce
26 Jonathon Funnell
27 Rob Francis
28 Andy Almond
29 Jason Gallagher
30 Tony Smith
31 Tony Partington
32 Pete Kidd JM
33 Ian Warren JM
34 David Hulse JM
35 Matthew Long

NEWCASTLE UNIVERSITY WYLAM WELLY WADERS

36 Andrew Milbonk
37 Mike Hunt
38 Steven Wright
39 Matthew Bigley
40 Quentin Lewis
41 Mark Thompson
42 Bob Sutton JM
43 Alan Buckley
44 Michael McCaig JM
45 Chris Caldwell JM
46 Bob Johnston
47 Chris Jenkins JM
48 Tom Scanlon

HERIOT WATT UNIVERSITY

49 Paul Leonard

50 Sean Bolland
51 Brian Thompson
52 Brendan Bolland
53 Julian Murray
54 Noel Burke

LIVERPOOL UNIVERSITY

55 Philip Martin
56 Simon Craddock
57 John Heap
58 Mark Ediker
59 Christopher Maybin
60 Paul Cockerill
61 Andrew Ardon
62 Jimbo Eden
63 Paul Pudney
64 Kevin Murphy
65 Adam Osbourne
66 Barry Turner Vet O45
67 Mark Houldin

ISLE OF MAN VETERANS A.C.

68 Alan Pilling Vet O45

STOCKPORT HARRIERS

69 Jerzy Matuszewski Vet O45
70 Dave Findel-Hawkins Vet O45
71 Mike Boardman Vet O40
72 Alan Bagley Vet O40
73 Andy Smith

READING A.C.

74 Michael Powell

STRATHCLYDE UNIVERSITY HARRIERS

75 Andrew Muir
76 Joe Brown

BILLERICAY STRIDERS

77 Mick Quinliven Vet O40

HUNTERS BOG TROTTERS

78 Phil Mowbray
79 Ian Harkness
80 Rob Herries
81 Colin Farquharson
82 Andrew Wright JM
83 Norman Blissett
84 Derek Ball

MANX HARRIERS

85 Gianni Epifani
86 Paul Clarke
87 Chris Quine
88 Jim Anderson
89 Dave Ronan
90 Tony Duke
91 Andy Fox
92 Mick Hannay
93 Lee Watson
94 Murray Lambden

95 Paul Curphy
96 Jack Murphy Vet O40
97 John Crellin Vet O40
98 John Wright Vet O45
99 Kevin Albinson Vet O40
100 Brian Goldsmith Vet O45
101 Dougie Corkill Vet O40
102 Juan Wright JM
103 Raymond Cox
104 Dave Corrin Vet O50
105 Andrew Garrett
106 Robert Webb Vet O45
107 Gustav Rober JM

OXFORD UNIVERSITY

108 Nicholas Altman
109 Matthew Bryant
110 Alistair Hart
111 Donald Naylor

UNATTACHED

112 David Tolson
113 Mike Garrett

STAFFORDSHIRE UNIVERSITY

114 Sean Barrago
115 Matt Ryan-Gill

SOUTHAMPTON CITY A.C.

116 Alan Rushton Vet O50

THAMES TURBO

117 Russell Stephens Vet O40

LEEDS UNIVERSITY (DOSS A.C.)

LADIES

BLACKHEATH

300 Sian Brice

GLASGOW UNIVERSITY

301 Catriona Caddell
302 Anne McPhail
303 Sarah Taplin
304 Emily Weathers
305 Sheila Fairweather

MANCHESTER UNIVERSITY C.C.C.

306 Emma Brady
307 Alison Smith
308 Sarah Caswell
309 Alison Gallagher
310 Lisa Sparshott

NEWCASTLE UNIVERSITY WYLAM WELLY WADERS

311 Jo Harrison
312 Gillian Spendiff
313 Morag MacDonnell

EASTER ENTRIES 1996

LADIES (contd.) LIVERPOOL UNIVERSITY

314 Julie Sheldon
315 Jane Betts
316 Clare Watson
317 Emily Collins
318 Anne Rosbottom
319 Jane Rosbottom

C.E.P.A.C.
320 Louise Diggle Vet O35
321 Helen Sayers

HUNTERS BOG TROTTERS
322 Megan Smith

OXFORD UNIVERSITY
323 Megan Clark
324 Eleanor Hodby

**STRATHCLYDE UNIVERSITY
HARRIERS**
325 Claire H. Blair
326 Jenny Brown
327 Denise Heyse

TRAFFORD A.C.
328 Lynne Maddison

SOUTHAMPTON CITY A.C.
329 Karen Ruston
330 Jan Rushton Vet O45

NORTHERN A.C.
331 Dawn Watson
332 Miriam Cooil
333 Ann Cain

THAMES TURBO
334 Sue Stephens

WESTERN A.C.
335 Sharon Corlett

BILLERICAY STRIDERS
336 Sandy Quinliven Vet O35

RED ROSE ROAD RUNNERS
337 Janey Tolson Vet O40

STOCKPORT HARRIERS
338 Barbara Plant Vet O40

MANX HARRIERS
339 Jane Mooney Vet O35
340 Catherine Kelly U17
341 Dot Grainger
342 Melanie Brown
343 Helen Simpson

UNATTACHED
344 Wendy Fallon

LEEDS UNIVERSITY (DOSS A.C.)

RACE WALK

MEN

MANX HARRIERS
1 Steve Partington
2 Steve Taylor
3 Allan Callow
4 Dave Tasker
5 Ralph Martin
6 George Callister
7 Brian Brough
8 Mick Holgate
9 Terry Bates
10 Phil Ashworth
12 Ian Callister

LADIES

MANX HARRIERS
20 Cal Partington
21 Karen Kneale
22 Elizabeth Corran
23 Maureen Cox
24 Jackie Bairstow
25 Sue Partington
26 Carol Bates
27 Donna Davies
28 Ann Hotchkiss

PRIZE PRESENTATION AND BEER DRINKING CONTEST

EASTER SUNDAY, 7th APRIL
SUMMERLAND CAVE DISCO, DOUGLAS
Doors Open 19.00 Prize Presentation 19.30 approx
A NIGHT TO REMEMBER

Admission Free by ticket only – available from Race H.Q.

PRIZES 1996

Friday Road Race:

First 15 Men
First 6 Ladies
First 3 Veterans over 40 and First Lady Vet
First 3 Men – Walking
First 3 Women – Walking

Team Awards: Men–First, Second, Third. Ladies–First & Second.
Veteran–First.

Saturday Fell Race:

First 15 Men
First 6 ladies
First 3 Veterans over 40 and First Lady Vet

Team Awards: Men–First, Second, Third. Ladies–First & Second.
Veteran–First.

Sunday Road Races:

Men's Relay – First, Second, Third
Fastest Leg
Fastest Veteran
First 6 Ladies
First Lady Vet

Team Awards: Ladies–First & Second.

Additional Prizes will be awarded if sufficient entries are received.

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Lucy Wright – Ladies Winner 1995
Photo Courtesy: John Watterson, Isle of Man Newspapers

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BEST LADY over three days

BEST VETERAN over three days

BEST LADY VETERAN over three days

BEST MENS TEAM over three days

BEST LADIES TEAM over three days

BEST VETERAN TEAM over three days

BEST NON "A" MENS TEAM over three days

== OUR THANKS GO TO THE FOLLOWING ==

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ADDITIONAL ENTRIES

MEN

CHELTENHAM HARRIERS

- 118 Richard Rogan
- 119 Alistair McNay
- 120 Dave Randall

CLAYTON LE MOORS HARRIERS

- 121 John Roche

PRESTON HARRIERS

- 122 Rick Curwen Vet O40
- 123 David Simpson Vet O50

LEEDS UNIVERSITY - DOSS A.C.

- 124 Jez Majors
- 125 Chris Maxwell
- 126 Graham Evans
- 127 Phil Davies
- 128 Marcus Bowler
- 129 Paul Spencer
- 130 Steve Jakeman
- 131 Matt Clinton
- 132 Trevor Deegan
- 133 Mick Hill JM
- 134 Leon Ricketts JM
- 135 Tony Bennett

BOLTON UNITED HARRIERS

- 136 Peter Banks

WESTERN A.C.

- 137 Robbie Lambie Vet O40

LADIES

PRESTON HARRIERS

- 345 Anne Sweeney Vet O35

LEEDS UNIVERSITY - DOSS A.C.

- 346 Lucy Wright
- 347 Jennifer Harrison
- 348 Michelle Birdsall
- 349 Jean Shotter
- 350 Anjela Srvastrava
- 351 Ruth Thompson
- 352 Ruth Schofield
- 353 Sian Roberts