

PRIZE PRESENTATIONS

EASTER SUNDAY, 18th APRIL 1976

All prizes will be presented at a reception
to be held at the

VILLIERS HOTEL

(Loch Promenade, Douglas)

Doors Open 7.00 p.m.

Presentation 7.15 p.m.

Beer Drinking 8 to 10 p.m.

A Raffle will be drawn

Admission: by ticket only, for Competitors and Officials.
Tickets will be sent to Clubs before Easter.

RESULT SERVICE

Manx Radio, 232 metres, and 89 and 91.2 m/cycles
(V.H.F.) 12.45 p.m. and 5.45 p.m.

Results sheets will be delivered to hotels as soon
as completed each day.

Report in 'Manx Star' on Saturday 24th April (price 4p.)

Manx Amateur Athletic Club



1976

EASTER ATHLETIC FESTIVAL

(Under A.A.A. & W.A.A.A. Laws)



OFFICIAL PROGRAMME



1976 EASTER ATHLETIC FESTIVAL

A MESSAGE TO ALL OUR FRIENDS WHO HAVE TRAVELLED
TO THE ISLAND FOR THIS FESTIVAL.

The Manx Athletic Club wish you all a hearty welcome
to our Festival - we sincerely hope you enjoy your short stay
with us.

This is by far the largest event our Club organises
during the year, and for a fairly small club this sometimes
means that the odd complication arises - please bear with us
if this happens we are only too eager to listen to any helpful
comments which you may care to make, so that we can make this
Festival even more successful and enjoyable for you, the
participating athletes.

This Festival is staged with you in mind. We want
you to have a good time, to pass the word around to your
friends and neighbouring Clubs, and in this way to help us put
in another record - breaking Festival next year - the more the
better!

Good luck, have fun, and we hope to see you again
next year!

BRIAN WHITEHEAD,

Organising Secretary.

OFFICIALS OF THE FESTIVAL

President : E.M.Brown, Esq.,

Chairman & Referee : B.Whitehead, Esq.,

Club Secretary : A.Clucas, Esq.,

Treasurer : P.Lees, Esq.,

Accommodation Secretary : Mrs.J.Whitehead.

Typist : Miss Dee Corlett

Programme Arrangers : S.Higgins, Esq., D.P.Capelen Esq.,

RACE STARTERS:

Friday: A.T.Currie, Esq., - Former President Manx A.C.

Saturday: G.E.Corlett, Esq., - Former Captain, Manx Commonweal
Games Team

Sunday: Kay and Maureen - Proprietors of the Highlander

TIMEKEEPERS:

N.Graves Esq., (Chief), E.Brown Esq., C.Moughtin Esq.,

RECORDERS: Members and friends of the Manx A.C.

COURSE OFFICIALS:

B. Doughty, Esq., assisted by Members of the Manx A.C.

FESTIVAL HEADQUARTERS:

The Villiers Hotel, Loch Promenade, Douglas (near Sea Terminal)

HOURS OF OPENING:

Friday: 5.00 p.m. - 5.30 p.m.

Saturday: 10.30 a.m. - 11.30 a.m. 1.30 p.m. - 2.00 p.m.

Sunday: 10.15 a.m. - 10.45 a.m.

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The Manx A.C. wish to thank the following for their assistance in
staging this Festival.

I.O.M. Police Force,
I.O.M. Forestry Board.
Douglas Corporation.
Villiers Hotel Ltd.
C. Gill Esq.,

I.O.M. Red Cross Association.
I.O.M. Tourist Board,
Mr. Shimmin.
I.O.M. Steam Packet Co. Ltd.
Athletics Weekly.

G.Roberts & Co.

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RACE INFORMATION

GOOD FRIDAY ROAD RACE

Changing Rooms : Nobles Park Pavilion, Douglas, from 6.30 p.m.
Start : T.T.Grandstand, Glencrutchery Road, Douglas.

A. BOYS RACE : 7 p.m. (2 miles)

Holder: T.Halisdrov (Tipton H.) 12min.27sec. (Record)

Down Bray Hill and along Quarter Bridge Road, turn sharp left
ander Drive (1 mile point). Hill flattens out, then turn left
bany Road, at roundabout bear left up Somerset Road to T Junc-
left to traffic lights, then right along Glencrutchery Road, to
and.

FOR RACE: 7.05 p.m. (4 miles)

Holder: Alan Rushmer (Tipton H.) 20min. 01sec.

Record: Andy Holden (Tipton H.) 19min. 44sec. (1971)

Down Bray Hill to Quarter Bridge, left along Peel Road and
, fork right by Quayles Garage down Lord Street, past Bus Station
Sea Terminal and cross road to seaside of Prom. continue to
Marina, cross road and left up Broadway to traffic lights at St.
, turn right along Glencrutchery Road to Grandstand.

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SATURDAY

K RELAY TROPHY RACE: 2.15 p.m. (4x3 miles Seniors)

ers: Tipton Harriers, 62min. 50sec.

e Record: Manchester & District A.C. 61min. 25sec. (1974)

rd Lap: Ricky Wilde (Man. & Dist.) 14min. 55sec. (1974)

Start at Shelter opposite Falcon Hotel, Loch Prom, along sea-
Prom to Summerhill, cross road, up hill, 1st left up Blackberry
left onto Governor's Rd, 1st left down Victoria Road, left down
Road, (opposite Prison) into Mona Drive, down to Prom, cross to
le and back to shelter.

ES RACE: 2.30 p.m. (3 miles)

er: Christine Coleman (Highgate Harriers) 19 min. 48sec.

rd: Jean Lohead (Airedale & Spen Valley A.C.) 18min.47s. (1974)

As Manx Relay Trophy (1 Lap)

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SUNDAY

OR HILL RACE: 11.30 a.m. (4½ miles - Category 'B')

er: Ricky Wilde (Manchester & District A.C.) 25min. 35sec.

rd: Reg Harrison (Airdale & Spen Valley A.C.) 24min.24s.(1974)

ging Facilities: None available, please arrive in kit.

sport: Departs from Festival Headquarters 10.45 a.m.

COURSE: Starts at Highlander Inn, along road, right up track into
forest, follow zig-zag path marked by flags until T-junction, then
left up very steep section to summit, fork right and follow flagged
track downhill to wooden cabin, turn right up steep section for second
time, from summit continue down hill to finish situated in clearing
just above main road.

B. LADIES RACE: 11.35 a.m. (1½ miles)

Holder: Jean Lohead (Airedale & Spen Valley A.C.) 9min. 21sec.
(Record)

C. BOYS RACE: 11.35 a.m. (1½ miles)

Holder: T.Halisdrov (Tipton H.) 8min. 30sec.

Record: S.Fairclough (Rainbow Chasers) 8min. 27sec. (1974)

COURSE: As Senior to T.-junction, then turn right downhill to finish
in clearing just above main road.

NOTE This course is not suitable for spikes - studs or ripples
advisable if wet, but road shoes will suffice.

TEAM DETAILS THROUGHOUT THE FESTIVAL

1. On Friday and Sunday, teams consist of four to run, three to count.
2. Teams declared on Friday must be the same on Sunday.
3. The four man Relay Team must be the same as Friday and Sunday.
4. The Students Team Champions will be the team of Students with the lowest total score from the three races.
5. The Club Team Champions will be the non-student team with the lowest total score from the three races.

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MANX EASTER FESTIVAL 1976

TER UNIVERSITY

Sun.
301. Eric Platt

ROUGH DOGGERS

302. Andy Nicholl
303. Peter Clarke
304. David Widdison
305. Peter Gronland
306. Christopher Bewick
307. Terence Colton
308. David Driver
309. Martin Long
310. Paul Williams
311. Rod Stone

HEATH HARRIERS

312. Patrick Nash
313. Paul Williams
314. Damian Tierney
315. John Butlin
316. Martin Rollason

BURY A.C.

317. Michael Trevor

IRISH H. & A.C.

318. Tony McCann

A.C.

319. M. Whelan
320. F. Callaghan

V CHASERS

321. I. Partington
322. C. Mattock
323. E. Richardson
324. P. Irwin

Fri. Sun.
25. 325. R. Rawlinson
26. 326. G. Wright
27. 327. D. Ratcliffe
28. 328. P. Sanderson
29. 329. H. Aspinall
30. 330. J. Turner
31. 331. S. Bateson
32. 332. M. Jones
33. 333. C. Barcroft
34. 334. Bob Pike

HOLMFIRTH A.C.

35. 335. C. A. Hollingworth
36. 336. G. Ellis
37. 337. S. Beardsell
38. 338. I. Roberts
39. 339. R. Bradley
40. 340. D. Ford
41. 341. J. Hirst
42. 342. J. Turner

ESSEX MANIACS

43. 343. Andy Catton
44. 344. Dave Whelan
45. 345. Huw Rhys
46. 346. Bill Fothergill
47. 347. Derek Coates
48. 348. P. C. Fletcher
49. 349. M. D. Fletcher
50. 350. J. Willoughby
51. 351. T. Farrow
52. 352. N. Kemp
53. 353. G. Butler
54. 354. D. Horsup
55. 355. A. N. Other

RANELAIGH HARRIERS

56. 356. Steve Rowland
57. 357. Dave Wright
58. 358. Daye Daniels

Fri. Sun.
59. 359. Mal. Cother

WIRRAL A.C.

60. 360. Philip Howard
61. 361. Peter Weatherhead
62. 362. F. J. Seville

WYLAM WELLIE WADERS

63. 363. Paddy 'Baddy' Best
64. 364. 'Wellie' White
65. 365. 'China' Walker
66. 366. 'Ginger Snap' Melton

LIVERPOOL PEMBROKE

67. 367. Derek Clague
68. 368. David Baynor
69. 369. Kevin Carroll
70. 370. Anthony Bleasdale
71. 371. Henry Slinger

NORTHERN RAMBLERS A.C.

72. 372. R. H. Firth
73. 373. I. Allanby
74. 374. R. Britton
75. 375. P. G. Firth
76. 376. J. Hudson

OXFORD UNIVERSITY TORTOISES

77. 377. Tim Soutar
78. 378. Hugh Symonds
79. 379. Ian Howard
80. 380. John Taylor
81. 381. Dev Laliri
82. 382. Adam Chedburn
83. 383. R. Gilchrist

UNIVERSITY COLLEGE WALES

84. 384. Peter Russell
85. 385. Martin Allen
86. 386. Anthony Wood
87. 387. Huw Roberts

Fri. Sun.
88. 388. Phillip Cade
89. 389. Les Hems
90. 390. Chris Shaw
91. 391. John Whitehead
92. 392. Terry Jones

BALLYDRAIN HARRIERS

93. 393. Ian Morrison
94. 394. Tom Annett
95. 395. Jim Hayes
96. 396. Trevor White
97. 397. Jim White
98. 398. Eamon Tumelty
99. 399. Phillip Pollock

SUNDERLAND HARRIERS

100. 400. Dave Dixon
101. 401. Brian Sweeting
102. 402. Tony Thompson
103. 403. Tom Vallance
104. 404. Glenn Forster
105. 405. Alan Carr
106. 406. Jim Clow
107. 407. Syd Wrathmall
108. 408. John Pye
109. 409. Kevin Blyth
110. 410. S. E. Raine

ALEHOUSE ACADEMICALS

111. 411. Bruce John Green
112. 412. Thomas Quinn
113. 413. William James
114. 414. John Pulinowski
115. 415. Hamish Thomson
116. 416. Nigel Williams

MANSFIELD/BERRY HILL A.C.

117. 417. Alan Brelsford

EAST CHESHIRE HARRIERS

118. 418. Ian Cochrane

Sun.
419. Peter Torrance
420. John Pajak

UNIVERSITY COLLEGE GALWAY

421. Michael Quinerlavin
422. James Craven
423. Martin Donnellan
424. Joe O'Donnell
425. Michael McDermott
426. John O'Connor
427. Gerry Stevenson
428. John Doherty
429. P.J.Coyle
430. Brendan O'Neill
431. Nick McCoke
432. Jim McCrack
433. Bob McCormack

FIELD "VETERANS"

434. D.W.Gaskell
435. B.Moxon
436. S.Crosland
437. D.Dunford

ETH HARRIERS & A.C.

438. M.Bateman
439. A.Jenkins
440. I.Sinclair
441. M.Groves

CLIFFE STRIDERS

442. I.Kellie
443. P.Martin
444. B.Kemp
445. M.Metcalf
446. M.Page

BURGH ZOO

447. Ian Orton
448. Ian Kiltie
449. Robin Thomas

Fri. Sun.
150. 450. Richard Timmins
151. 451. Chris Lewis
152. 452. Mike Lake
153. 453. Andrew Murray
154. 454. Conrad White
155. 455. Jim Dingwall
156. 456. Jim Polak
157. 457. Eric Stevenson
158. 458. Martin Craven

SUTTON HARRIERS & A.C.

159. 459. Allan Jones

MANCHESTER & DISTRICT A.C.

160. 460. Edward O'Connor

AIREDALE & SPEN VALLEY A.C.

161. 461. John Edwards
162. 462. Robert Harrison
163. 463. Filbert May
164. 464. Tony Parkinson
165. 465. Tony Brierley
166. 466. Trevor Whittaker
167. 467. Raymond Woodhead
168. 468. Keith Benjafield
169. 469. John Webster
170. 470. Richard Bradley

STAG HILL WANDERERS

171. 471. Michael Simmons
172. 472. Roger 'Rambler'
Boswell
173. 473. Jerome Vitoria
174. 474. Guy Foster

HYDE PARK STREAKERS

175. 475. 'Speedy' Steve
Webb (B.Sc)
176. 476. 'Smooth'N'Easy'
Donnelly
177. 477. Mr. Johnson

Fri. Sun.
178. 478. C. Hunter
179. 479. 'Granny' Clarke
180. 480. Dave Jones
181. 481. 'Boyo' Davey
182. 482. 'Babyface' Welford
183. 483. 'Hacker' Ellis
184. 484. 'Terror' Tarnowski
185. 485. Stuart Littlewood
186. 486. A. Stardust
187. 487. G. Glitter

MANX A.C.

188. 488. Steve Kelly
189. 489. Dave Newton
190. 490. Dave Capelen
191. 491. Steve Higgins
192. 492. Alan Clucas
193. 493. Graham Davies
194. 494. Phil Brooks
195. 495. Tony Varley
196. 496. Neil Taylor
197. 497. Ian Callister
198. 498. Peter McElroy
199. 499. John Wright
200. 500. Howard Parkin
201. 501. Tony Cain

SOUTHERN A.C. (I.O.M.)

202. 502. Bob Cowley
203. 503. Andrew Horne
204. 504. Paul Bawden
205. 505. Colin Watterson
206. 506. Nigel Radcliffe
207. 507. John Comaish

BOUNDARY HARRIERS (I.O.M.)

208. 508. John Cannell

WOMEN

Sat. Sun.

LOUGHBOROUGH DOGGERS

211. 511. Barbara Schofield

RANELAGH HARRIERS

212. 512. Sonia Rowland

OXFORD UNIVERSITY LADIES A.C.

213. 513. Pauline Symonds
214. 514. Lynne Wightman
215. 515. Julie Halfpenny

UNIVERSITY COLLEGE WALES

216. 516. Sue Lloyd

TANNERS ARMS

217. 517. Gilly Baldwin
218. 518. Kathy Holden
219. 519. Hilary Matthews
220. 520. Irene Waters

LONGWOOD A.C.

221. 521. Susanne Turner
222. 522. Jean Haigh
223. 523. Susan Dean
224. 524. Susan Holdsworth

UNIVERSITY COLLEGE GALWAY

225. 525. Bridget O'Connor

EDINBURGH ZOO

226. 526. Gill Hutchinson
227. 527. Penny Gunstone
228. 528. Violet Hope

AIREDALE & SPEN VALLEY A.C.

229. 529. Gail Williams

Sun.
OLYMPIADES A.C.
 530. Ann James
C.
 531. Linda Jordan
 532. Christine Kissack
MAN A.C. (I.O.M.)
 533. Carolyn Radcliffe
 534. Elaine Radcliffe
 535. Lynda Boyde
 536. Sharon Crewe
 537. Janice Pearson
 538. Melanie McDermott

Fri. Sun.
BOYS
MORPETH HARRIERS & A.C.
 261. 561. P. Dodds
 262. 562. P. Sanderson
 263. 563. S. Nesbitt
 264. 564. S. Hogdeson
 265. 565. R. Armstrong

MANX A.C.

266. 566. Ian Large
 267. 567. Barry Forth
 268. 568. Chris Quine

NORTHERN A.C. (I.O.M.)

269. 569. Stephen Mackie
 270. 570. Martyn Strickett
 271. 571. Clifford Walmsley

MANX RELAY TROPHY RACE (4 x 3 miles)

(Saturday 17th April 1976)

Teams of 4 declared on Friday night, running order confirmed
 by 1.30 p.m. Saturday.

1. Highborough Doggers 'A'	15. Northern Ramblers A.C.
2. Highborough Doggers 'B'	16. Oxford University Tortoises
3. All Heath Harriers	17. University College Wales 'A'
4. Inbow Chasers 'A'	18. University College Wales 'B'
5. Inbow Chasers 'B'	19. Ballydrain Harriers
6. Inbow Chasers 'C'	20. Sunderland Harriers 'A'
7. Mfirth A.C. 'A'	21. Sunderland Harriers 'B'
8. Mfirth A.C. 'B'	22. Alehouse Academicals
9. Sex Maniacs 'A'	23. University College Galway 'A'
10. Sex Maniacs 'B'	24. University College Galway 'B'
11. Sex Maniacs 'C'	25. University College Galway 'C'
12. Melagh Harriers	26. Wakefield "Veterans" A.C.
13. Lam Wellie Waders	27. Morpeth Harriers & A.C.
14. Liverpool Pembroke	28. Shincliffe Striders

29. Edinburgh Zoo 'A'
 30. Edinburgh Zoo 'B'
 31. Edinburgh Zoo 'C'
 32. Airedale & Spenn Valley 'A'
 33. Airedale & Spenn Valley 'B'
 34. Stag Hill Wanderers
 35. Hyde Park Streakers

36. Hyde Park Streakers 'B'
 37. Hyde Park Streakers 'C'
 38. Manx Athletic Club 'A'
 39. Manx Athletic Club 'B'
 40. Manx Athletic Club 'C'
 41. Southern A.C. (I.O.M.)

NOTES